

EXPLORING DEEP ECOLOGY

A NINE-SESSION COURSE FOR THE WORKPLACE, FAITH CENTER OR HOME

PURPOSE

∞ To clarify earth-related values through discussions about deep ecology and related topics.

∞ To discover how personal values affect the way we view and treat the earth.

∞ To explore what it means to take personal responsibility for the earth.



"I really enjoyed the discussion style of the course. It was wonderful to hear everyone's different viewpoints and opinions...The diversity caused me to think a great deal about my own ideas and beliefs and in many cases was inspiring."

- Deep Ecology participant

SESSION THEMES

Deep Ecology: Human beings are one of many species, everything is interconnected, and sustainability should replace economic growth as our long-term goal. How do these underlying assumptions differ from current assumptions of our society?

The Gaia Hypothesis: In some ways, the earth functions like a living organism, maintaining conditions favorable to life. How do the biological and physical worlds interact to create a self-regulating process?

Spirituality and the Earth: Some environmentalists and theologians emphasize a spiritual dimension in our relationship with the earth. Some believe spirituality is the key to finding motivation to live on a sustainable basis with other species and the earth's finite resources.

A New Story From Science: Scientific discoveries in physics, biology and cosmology are challenging our assumptions about how the world works. What do these discoveries teach us about our relationship to the earth?

Native American Wisdom: Most Americans are far removed from the earth in their daily lives. What can be learned from the rich heritage of Native Americans and their relationship with Mother Earth?

Ecopsychology: Modern life tends to cut us off from our bond to the natural world. Could restoration of that bond help to heal both individuals and the planet?

Simplicity: With conveniences of modern life come distractions. What are the benefits and challenges of living a simple life in a society dominated by materialism and technology?

Bioregionalism: Each person lives in a unique geographical area with natural boundaries. Will a deeper understanding of our bioregion enable us to better care for the earth?

CANADIAN EARTH INSTITUTE

To start a discussion course, please contact CEI at:

Ph. (250)727-9163

Email: info@CanadianEarthInstitute.org

Website www.CanadianEarthInstitute.org



DEVELOPED BY NWEI

Motivating individuals to examine and transform personal values and habits, to accept responsibility for the earth, and to act on that commitment.