



Zesty, Joyful Leadership: Overcoming Obstacles to Effective Leadership

Mondays, February 22 to March 29: 7 to 9:30 pm, 6 sessions

Are you a community leader, social change agent or in a leadership position in helping and healing professions (health, education, sustainability, social justice)? Do you find yourself blocked from being the effective leader that you know you could be?

This course will unravel some of the blocks to effective, joyful leadership and provide techniques to move through these obstacles. Drawing from the theories of Re-evaluation Counseling, this exploration is rooted in a new model of leadership which is responsive, supportive and self-aware. The course will combine lecture, personal reflection and face-to-face sharing, in pairs and small groups, to provide you with the opportunity to integrate and practise these new leadership approaches.

Instructor: Beth Cruise founded and is executive director of the Canadian Earth Institute. Her interest in personal development, group dynamics and leadership led to her master's thesis on decision making in recreational organizations. For the past 15 years, she has led groups of people to reclaim flexible intelligence.

Register now!

Course fee: \$125 plus \$6.25 GST

Call 250-472-4747 or online at

www.uvcs.uvic.ca/sustainability/courses/community/

For information about other Sustainability, Environment courses, contact jpivnick@uvic.ca